

## **2023 FCA Wrestling Camp Confirmation**

We are thrilled to host you at Columbia High School for the overnight wrestling camp on June 2nd & 3rd, 2023!

This letter should answer many questions concerning camp. FCA Camp will be an incredible opportunity for your athlete to learn & grow in their wrestling skills. It will also help them make new friends and build their faith through worship and fellowship.

If you have additional questions please email the camp director: Jnewberg@fca.org

#### Overview

Come prepared to work and sleep outside! We will have around 5 workout sessions in 24 hours, 1-2 worship and chapel sessions and 3 provided meals - dinner, breakfast, and lunch

Location: Columbia High School - 301 S Happy Valley Rd, Nampa, ID 83687

## Check In & Set-up

June 2nd, 2023 between 3:00PM-5:00PM. Athletes will have until 4:50PM to get their sleeping arrangements set up. Our first wrestling session starts at 5:00PM.

Athletes will check in at the southwest corner of the school outside of the wrestling room, directly north of the football field. Athletes will be assigned to their huddle group and **boys will set up their tent outside on the** grass, girls will set up inside the gym on a clean wrestling mat.

Boys must bring tent if you own one and sleeping bag, let us now upon registration if you need a tent, we will fit you in with someone.

Girls must bring sleeping bag or blankets.

Camp concludes just after 6PM on Saturday June 3rd.

# Camp Fees & Provisions

Camp fees include participation in all activities, three (3) meals - dinner on friday night, June 2nd, breakfast and lunch on Saturday, June 3rd, a camp shirt, and a bible.

## What To Bring

sleeping bag or blankets, sleeping pad (optional), tent (for boys), pillow, 4-5 sets of workout gear, running shoes, wrestling shoes, towel, toothbrush & toothpaste, body wash, re-usable water bottle, awesome attitude

#### Insurance

FCA only provides secondary insurance coverage for the camper during their time at camp. In case of injury or illness, the camper's insurance information from their "Parent Permission Waiver" will be used at the time of treatment. Campers not covered by family insurance will receive care.

### FCA Vision and Mission

FCA Vision: to see the world transformed by Jesus Christ through the influence of coaches and athletes.

FCA Mission: to lead every coach and athlete into a growing relationship with Jesus Christ and His Church.